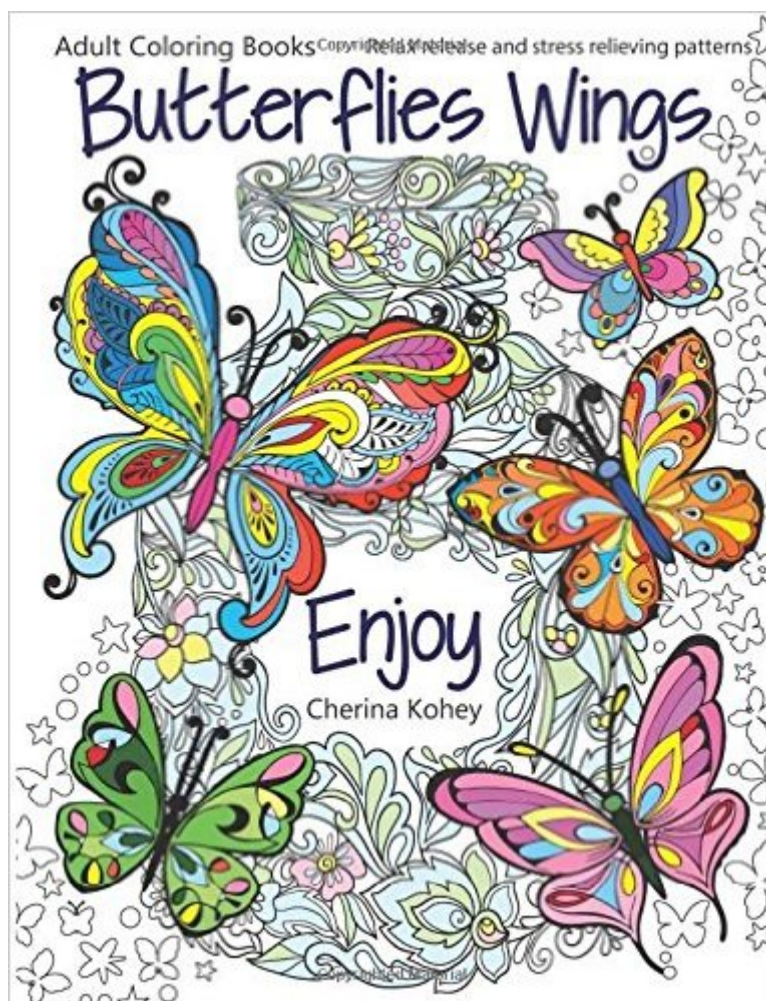


The book was found

# Adult Coloring Books: Butterflies Wings : Relax Release And Stress Relieving Patterns (Volume 15)



## Synopsis

Fly on the Wings of a Butterfly Release your negative energy, stress and worries and feel like you are flying on the wings of a butterfly as you color in the delicate butterfly wings. If you have a hectic job, troublesome neighbors or, basically, just have to deal with difficult people and situations every day, coloring in butterfly wings will transport you away into a world of calm and peace.

“Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.” • Nathaniel Hawthorne You’ll find that giving your brain occasional opportunities to relax by coloring a beautiful butterfly will have a long-lasting effect on how you cope with daily stresses and difficult situations. That’s because coloring is a meditative pastime that allows you to refocus, clear your mind, unleash your creativity and relax. 30 beautiful butterflies to color and clear your mind Stunningly intricate butterfly wing patterns Each butterfly design is on a standalone page so there’s no bleed through of color Perfect for anyone who likes to relax and refocus after a long day Ideal for coloring parties with friends or as a gift for your loved ones What are benefit of Adult coloring book? Learn to Break Free from Stress When you sit down to color, your brain focuses on creating beautiful patterns. You’ll find that you develop the ability to set aside everything else to just relax into coloring. Rediscover Your Inner Child Think back to when you were a kid. How wonderful would it be to just immerse yourself in an activity like you did then, completely oblivious to what was going on around you. Now you can! Take some time to color in a butterfly, relax and be with your own thoughts. Take Your Time with Your Butterflies Your coloring book is your coloring book, so color your butterfly wings the way you want to – no one’s looking! Feel the freedom to experiment with color and patterns just like the great masters. Make Matisse, Monet and Van Gogh proud. Keep Your Mind Young, Active and Relaxed Did you know that coloring relaxes your mind, but also improves fine motor skills? Well it does. You’ll find that the more often you color, the more your vision, creativity and ability to color the most intricate details of the butterfly wings will improve. Your Butterfly Wings Coloring Book will bring you greater focus, help you to relax, instill a sense of calmness, and enable you to tackle life with a more positive, can-do outlook. When you finish coloring your 30 Butterfly Wings masterpieces, try out our other great coloring books for adults. TAGS: butterflies coloring book,adult coloring book butterflies and flowers,adult coloring book flowers,adult coloring book for women,adult coloring books best sellers for women, adult coloring book animals, adult coloring books stress relieving patterns, adult coloring books relaxation, adult coloring books relaxing

## Book Information

Series: Adult Coloring Books

Paperback: 62 pages

Publisher: CreateSpace Independent Publishing Platform; Clr Csm edition (June 4, 2016)

Language: English

ISBN-10: 1533614555

ISBN-13: 978-1533614551

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 7.7 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 starsÂ Â See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #93,002 in Books (See Top 100 in Books) #10 inÂ Books > Arts & Photography > Individual Artists > Essays #76 inÂ Books > Arts & Photography > Graphic Design > Commercial > Illustration #868 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups

## Customer Reviews

I have started coloring in my Coloring Book and it is so enjoyable. For this coloring book I'm using Gel Pens. I was afraid the colors would bleed onto the next page but it didn't which is a A+. It is very relaxing to color and so fun to see the page pop with color. I highly recommend the Butterflies Wings to help relax or for stress releasing.

Butterflies Wings is very unique beautiful designs. it's surprise me that it's have more details in the image which fit for the adult coloring lover but it's also fun for the beginner too!! My friend never intersted to coloring with me because I love coloring in very details image but when she see the image on this books she can coloring it in her way. I am very surprise with it. 555 so I really love it.Thank you very much to give me very fun with my friend first time. :))

Was more than I expected. Lots of pages and interesting designs. Very pleased.

This was a gift, along with coloring pencils. It's being enjoyed as the pictures are fantastic.

My daughter likes this one very much as she is wild about butterflies.

[Download to continue reading...](#)

Adult Coloring Books: Butterflies Wings : Relax release and stress relieving patterns (Volume 15)  
Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and

grown ups, Anti-Stress Art Therapy, Stress Relieving Flower Patterns Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 2) Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 1) Verses for Men: Color The Bible: Adult Coloring Books Stress Relieving Patterns & Mens Coloring Books Best Sellers Coloring Books & Adult Coloring ... Sets Animals Flowers Creativity Tranquility) Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) Colorado Wings: A Wing and a Prayer/Wings Like Eagles/Wings of the Dawn/A Gift of Wings (Inspirational Romance Collection) Coloring Book for Adults & Grown Ups: An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Simple Flower and Vine Designs: Easy Designs and Stress Relieving Patterns Adult Coloring Book (Adult Coloring Patterns) (Volume 53) Rock Skull Adult Coloring Books : Stress Relieving Patterns: Day of the Dead, Dia De Los Muertos Coloring Pages, Sugar Skull Art Coloring Books, coloring ... (Tattoo Day of The Dead Skull) (Volume 2) Adult Coloring Books: Animals: 45 Stress Relieving Animal Coloring Designs (Stress Relief Coloring Books) (Volume 2) The Craft of Coloring: 60 Geometric Patterns & Designs: An Adult Coloring Book (Relaxing And Stress Relieving Adult Coloring Books) Swear Word Coloring Book. 40 Unique Designs: Swear and Relax Coloring Book. Release Your Anxiety and Stress( Sweary Beautiful Designs : Flowers, Mandalas, Patterns) Adult Coloring Book: Butterflies and Flowers : Stress Relieving Patterns (Volume 7) Adult Coloring Book: Cats Birds Flowers and Butterflies : Stress Relieving Patterns (Volume 12) The Holiday Coloring Book for Adults: The Adult Coloring Book of 60 Different Stress Relieving Patterns for Christmas, Halloween, Easter, Valentines ? ... & Coloring Books for Children) (Volume 5) Dinosaur Adult Coloring Book: Dinosaur Coloring Book, a Adult Coloring Book containing Dinosaur images filled with beautiful and stress relieving patterns F'k Cancer - Coping & Coloring: The Adult Coloring Book Full of Stress-Relieving Coloring Pages to Support Cancer Survivors & Cancer Awareness ... Books & Swear Word Coloring Books) (Volume 6) Adult Coloring Books: Awesome Animal Designs and Stress Relieving Mandala Patterns for Adult Relaxation, Meditation, and Happiness (Awesome Animals) (Volume 1) Adult Coloring Book Designs: Stress Relief Coloring Book: POKEMON Designs for Coloring Stress Relieving - Inspire Creativity and Relaxation of Kids And Adults (Volume 1)